**Social Efficacy- Week 15 SEL Lesson**

**Self**-**Efficacy- an** individual’s beliefs about their capacity to influence the events in their own lives

**Monday Lesson-** What is Self-Efficacy

[SEL Lesson Plan Week 17 Self-Efficacy.docx](https://hallco.instructure.com/courses/46018/files/3355931/download?wrap=1)

Teacher Video-[**Link**](https://www.youtube.com/watch?v=gEE45t0jepM&feature=youtu.be) **(Links to an external site.)Links to an external site.**

Intro Video-[**Link**](https://www.youtube.com/watch?v=CqMdi4n2ZKE)**(Links to an external site.)Links to an external site.**

[**Link**](https://www.youtube.com/watch?v=VW5v6PQ5PE) **(Links to an external site.)Links to an external site.**

**Tuesday-** Understanding Ourselves.

**Wednesday-** Believing in Yourself!

[Link](https://bhi61nm2cr3mkdgk1dtaov18-wpengine.netdna-ssl.com/wp-content/uploads/2015/06/Believe-in-Yourself-1.mp4)- Believe in yourself video **(Links to an external site.)Links to an external site.**

[My Personal Shield Worksheet.pdf](https://hallco.instructure.com/courses/46018/files/3360651/download?wrap=1)

**Thursday-** Our Greatest Failures that We Learn from.

[21 Famous Failures Who Refused to Give Up.docx](https://hallco.instructure.com/courses/46018/files/3360652/download?wrap=1)

**Friday-** Understanding what it means to fall forward!

[Link- Fall Forward Denzel Washington](https://www.youtube.com/watch?v=srPdhoGW0Yw&feature=youtu.be) **(Links to an external site.)Links to an external site.**

[Link](https://www.youtube.com/watch?v=6cgxSL926N)- **(Links to an external site.)Links to an external site.**

[Three things worksheet for self-efficacy.pdf](https://hallco.instructure.com/courses/46018/files/3360643/download?wrap=1)